

About Global Planning and Cities

Our global planning business integrates a range of specialist technical and design skills to create inspiring and practical visions which respond to the issues facing cities. We deliver advisory services in planning and strategy development, finance and economics, consultation and operations with design, engineering and implementation services to respond to the unique challenges faced by each city across the globe.

We invest time, effort and resources into the study of cities. With powerful collaborations with some of the leading drivers of city transformation including the World Economic Forum, The C40 Cities Climate Leadership Group and the Rockefeller Foundation, we help cities make their own futures rather than react to those placed upon them.

About Arup Foresight + Research + Innovation

Foresight + Research + Innovation (F+R+I) is Arup's internal think-tank and consultancy which focuses on the future of the built environment and society at large. We help organisations understand trends, explore new ideas, and radically rethink the future of their businesses. We developed the concept of 'foresight by design', which uses innovative design tools and techniques in order to bring new ideas to life, and to engage all stakeholders in meaningful conversations about change.

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Cities Alive Workshop Cards

The Cities Alive workshop cards are designed to help stakeholders at all levels — citizens, planners, and officials — prioritise and explore issues that will shape the future of their city and explore the notion of city vitality thinking. They can help start conversations, enhance understanding, facilitate decisionmaking, and build solutions.

The cards highlight 100 urban issues that cities will face in the future. Each card contains an issue title, a short description and an illustration. The issues are organised according to their primary area of influence across the STEEP framework: Social, Technological, Economic, Environmental, or Political. While each issue is assigned to one category, it will always have implications for all five.

Turn this card over for some ideas on how to use the card set in your workshops. The cards are designed to allow you to develop your own activities in a myriad of contexts.

If you want to discuss how to use the cards in your organisation, please contact foresight@arup.com.

technological
economic
environmental
political



How to use the Cities Alive Workshop Cards

Trends and Implications

Workshop participants are grouped into teams; each team is assigned one STEEP category. The teams are asked to choose five key issues from that category driving change in their city, and to explore future possible implications.

Future News

Using the card set for

inspiration, workshop participants create a set of five future newspaper headlines representing city-related news and events. As premise, participants are given a topic of particular relevance to the focus city.

Design Charrettes

Workshop participants are grouped into teams. The facilitator acts as a 'client' and randomly selects five cards for each team. These cards are used as inspiration and constraints during design development for an urban area or set of city systems.

Potential Outcomes:

Better understanding of issues shaping the city ecosystem.

This exercise is particularly useful for identifying current friction points and methods for enhancing city vitality.

Potential Outcomes:

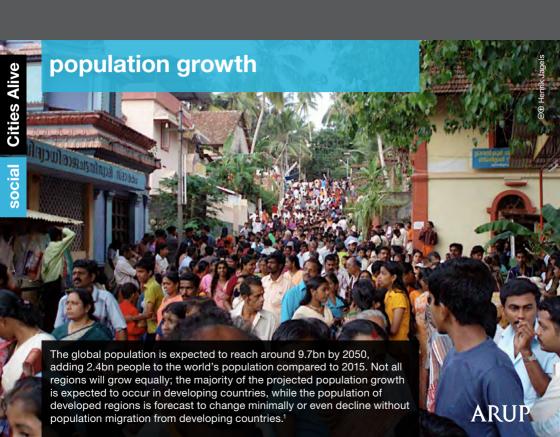
Revealing insights about how urban issues may play out over time.

This exercise is particularly useful for detecting and shaping emerging contexts and trends.

Potential Outcomes:

Innovative design ideas that promote sustainable urban planning.

This exercise is particularly useful for reevaluating and developing existing strategic plans.



urban migration

ageing society

The global population is ageing, due to both an increase in life expectancy and a decrease in total fertility rates. The number of people aged 65 and older is projected to triple from 531M in 2010 to 1.5bn by 2050.4 Cities will need to adapt to and prepare for the needs of a larger cohort of older people. While urban areas offer advantages to older residents such as access to services, cities can also create feelings of insecurity and social isolation.





employment

APPLICATION FOR EMPLOYMENT

		DA	TE OF APPLICATION
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Alternate Addr	ess:	Street	

Globally, employment is not expanding fast enough to keep up with a growing labour force. If current trends continue, global unemployment is set to increase to more than 215M jobseekers by 2018 (up from 202M in 2013). Young people are most affected by this trend, with a global youth unemployment rate of 13.1%, which is almost three times as high as the adult unemployment rate.9

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community cohesion

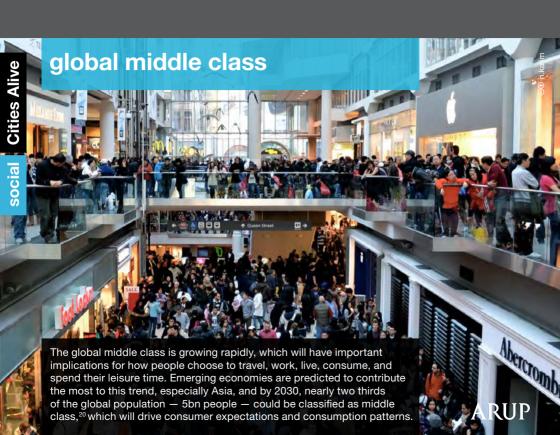
As cities face increasing infrastructure and service demands as well as threats from climate change, community-led solutions are becoming more common to build self-reliance and resilience in order to prepare for, respond to, and recover from crises. As the greatest burden of increasing shocks often falls on poor and vulnerable citizens, this approach helps in improving community cohesion through generating a sense of belonging.

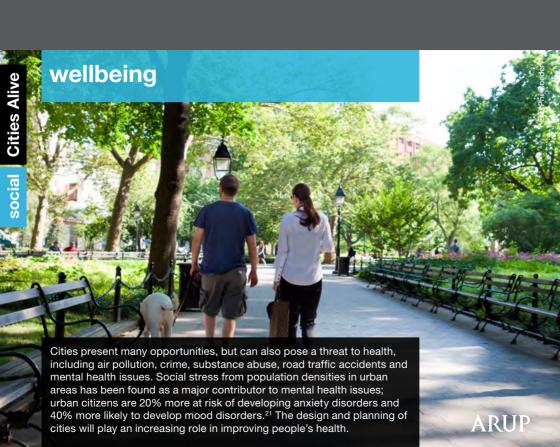
individual safety With increased urbanisation, cities are facing new and more complex threats to safety and security, both on an international as well as local level. Cities are amongst others vulnerable to cyber or terrorist attacks and continuously need to protect their citizens and infrastructure. On a

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personal level, the threat of violent and petty crime is at the forefront of fears, and a WHO study has shown that the lack of safety or perception

of safety can significantly reduce urban citizen's physical activity. 16;17





digital lifestyles



Mobile devices are increasingly at the center of our digital lifestyles. These devices are becoming the 'remote controls' of our lives, acting as hubs for sensor-based health monitoring products and fitness apps. The number of smartphone users worldwide will exceed 2bn by 2016 (over a quarter of the global population).²³ Smartphones have the potential to transform city life, easing service and administration accessibility but increasing demand for ICT infrastructure.



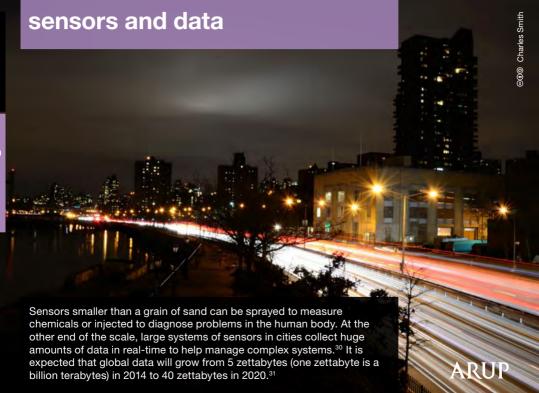
infectious diseases Rapid, unplanned urbanisation and unprecedented population growth, led to a growing number of urban areas that suffer from overcrowding and lack adequate sanitation, waste and water management, and which have become potential breeding grounds for communicable diseases. Global migration, transport and logistic patterns, especially growth in air travel, aid in the dispersion of diseases across the globe. 25 London, for example, **ARUP** has seen a considerable rise in tuberculosis rates in recent years.²⁶

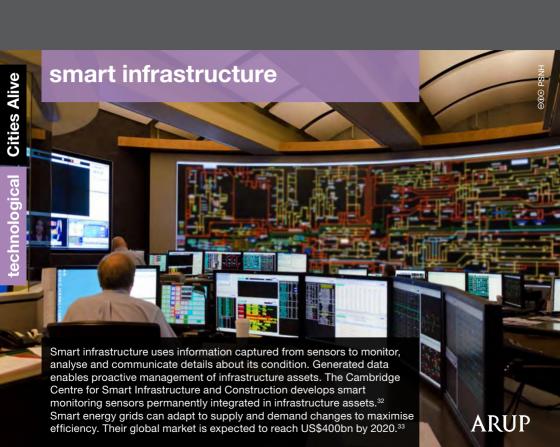
automation



internet of things

The rise of the Internet of Things — the connection of a huge range of devices, sensors, and machines to the Internet — will enable city infrastructure to be designed and operated in a more integrated way. Currently, 99% of physical objects that may one day be part of this network are still unconnected. It is estimated that by 2020, 200bn objects will be part of the IoT (26 smart objects for every person on earth).²⁹





intelligent transport systems Intelligent Transport Systems (ITS) enable a smarter, more integrated system for moving passengers and freight. They allow transportation modes to communicate with each other and with the environment, paving the way for truly integrated and inter-modal transport solutions that maximise efficiency. For example, ITS could help reduce the congestion which cost the London economy around £5.4bn in 2013.34

energy efficiency



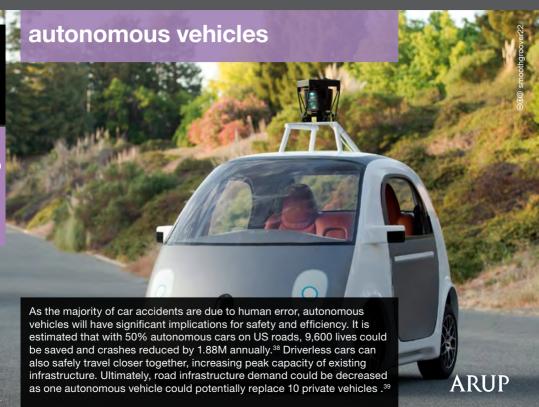
As urban centers are home to the majority of the world's population, improving the energy efficiency of cities could result in substantial energy savings, as well as economic and environmental benefits. Currently, buildings use about 40% of the world's energy, with residential and commercial buildings using 60% of the world's electricity. 36 Making buildings more energy efficient could result in substantial long-term benefits.



system integration

Traditionally, city systems, from energy to transport to waste disposal, have operated independently of each other. Smart systems could enable the integration of these infrastructures to share data and resources, save energy and serve more people. ³⁷ In London, for example, there are plans to pump excess heat from the Underground's Northern Line to heat over 500 homes.





micro-generation

Small-scale, low-carbon generation of electricity and heat can be used as an alternative to centralised systems, or to supplement grids, potentially improving energy security of communities. In the UK, people installing these technologies can be paid for the electricity they generate and for any surplus electricity exported to the grid. As of 2013, however, microgeneration accounted for only 0.4% of the UK's electricity supply.⁴⁰

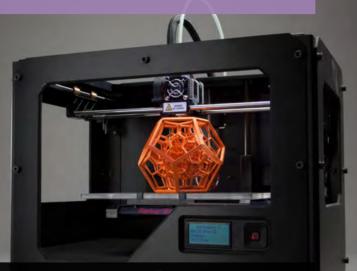
e-mobility



E-mobility refers to vehicles running on electricity for their primary energy. The need to reduce carbon emissions and increase energy security has resulted in significant advances in e-mobility technology, including a range of new hybrid and fully electric vehicles, and improved battery storage. It is estimated that worldwide sales of light duty electric vehicles will increase from 2.7M in 2014 to 6.4M in 2023.⁴¹



additive manufacturing



3D printing, or additive manufacturing, is being hailed as a breakthrough development which could lead to a new industrial revolution. This technology could reduce waste and transportation, as well as change the location of manufacturing (allowing more manufacturing to happen locally in cities, for example). It is estimated that the global additive manufacturing market could reach £5.5bn by 2023.⁴³

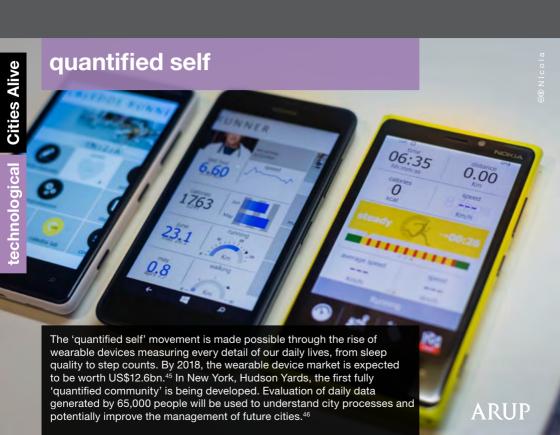
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artificial intelligence



Some experts predict that AI will transform the internet, the global economy, and civilisation itself. Cloud computing and big data is opening up AI to exponential development, and it is thought that by 2030 computers could be capable of human-level intelligence.⁴⁴ Urban AI applications can potentially improve city processes and decisionmaking. World-renowned physicist Dr. Stephen Hawking believes that while primitive forms of AI could be very useful, advanced AI could "spell the end of the human race."



intelligent buildings Intelligent buildings are part of an increasingly integrated and smart built environment. Through a combination of new technologies and interconnected systems, buildings can become more energy and resource efficient, more secure, and more pleasant to work in. In the US, commercial businesses spend around US\$100bn on energy annually, but greater use of intelligent ARUP building technology could reduce this cost by about US\$25bn a year.47

cyber security

As cities begin to rely more and more on smart technologies and connected systems, cyber security becomes critical to safety, privacy and wellbeing. It is estimated that 22% of targeted cyber-attacks are aimed at governments and energy or utilities companies. Cyber-attacks have significant financial consequences as well, costing businesses as much as £270bn a year globally.48

small-scale solutions

Small-scale technology solutions can be beneficial in both developing and developed contexts, improving urban communities' resilience to external stresses and strengthening community cohesion. In cities of the developing world, context-appropriate technologies — small scale, energy efficient, environmentally sustainable — including the provision of water, energy and sanitation systems, promote economic and social development and bring necessary services to the urban poor.⁴⁹

remote services

The rise of mobile devices, cloud computing and other advances in technology are enabling remote services to be more widely deployed. Applications include remote healthcare and monitoring, off-site technical support, and access to work and education platforms from almost anywhere. The global remote patient monitoring market, for example, is expected to grow by 15% annually until 2018, 50 while saving the global economy \$36bn in the same time. 51

urban planning and design processes. Digital models of planned buildings and infrastructure, incorporating time-based simulations (of population growth or weather events, for example), will allow decisionmakers to better understand the impact of projects and improve a city's environmental and social performance. It allows scenario testing, and can improve public participation processes by clarifying the presentation of complex ideas. 52;53



finance

Infrastructure investment is critical to the future success of cities. McKinsey estimates that around US\$57 trillion would be needed worldwide in the period to 2030 to satisfy the global demand for infrastructure.56 In developing countries alone, the infrastructure deficit is estimated at US\$1-1.5 trillion per year.⁵⁷ Much of this infrastructure will be needed in cities, requiring new financing mechanisms that take the burden from city authorities and increasingly include private sector investments.

-60 ARUP

-0.322%

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user centricity **B44** Avenuel ®⊕ New York City Depart As businesses strive to differentiate themselves and customer expectations increase, the need to innovate around the consumer experience is becoming a critical factor for good design, including in the design of the built environment. As cities strive to become more liveable and direct increasing attention to citizens as their main stakeholders, user centricity considerations (designing systems that are responsive to citizens' needs **ARUP** and desires) will become fundamental.

responsible business

Responsible businesses have a number of aims in addition to profitability, including ethical behaviour, economic development, and ensuring quality of life for the workforce as well as society at large. This can deliver economic benefits; companies that consistently manage their responsible business activities outperformed their FTSE 350 peers on total shareholder return in 7 out of the 8 years from 2002 to 2010.⁶⁰

city resilience

In October 2013, Cyclone Phalin hit the Indian State of Odisha, which includes a number of major cities. The storm affected more than 13M people, damaged 420,000 houses, and is estimated to have cost US\$700M.⁶¹ By evaluating their exposure to certain risks, cities can develop a comprehensive and proactive plan to mitigate the effects of shocks and stresses. City resilience should not only focus on improved infrastructure, but also on aspects of cultural and institutional resilience.

digital economy

Digital technology generates new market opportunities and has a large economic impact across a range of sectors. The emergence of wireless networks, sensors, mobile devices and satellite navigation is further embedding technology into our daily lives, changing the way we do business. It is estimated that digitisation boosted the world economy by US\$193bn and created 6M jobs in 2011.⁶²

urban manufacturing

Manufacturing is returning to the city, as factories become cleaner, greener, and quieter and no longer demand large-scale rectilinear spaces. Instead, many are able to occupy vertical spaces enabling more central urban factory locations. As they are closely located, these urban factories can also share resources and supply chains. New York City is home to almost 7,000 small manufacturers employing 65,000 people.⁶⁶



sharing economy

Traditional models of ownership are changing, and platform based, peer-to-peer services are disrupting traditional service industries in cities around the world. The trend towards a shared economy of service provision rather than product ownership means that private individuals, for example, can purchase goods and services directly from each other via the internet. The consumer peer-to-peer rental market is worth US\$26bn, 22 and around 1.8M people worldwide participate in carsharing schemes.



and transport.

decarbonisation Decarbonisation is the process of decoupling energy supply and economic growth from greenhouse gas emissions. To limit global warming to 2°C and minimise the risk of further climate change requires a carbon

emissions reduction target of 80% of 1990 levels.⁸¹ As cities contribute around 70% of global emissions,⁸² many mitigation measures will need to be focused on urban areas, in particular urban electricity supply

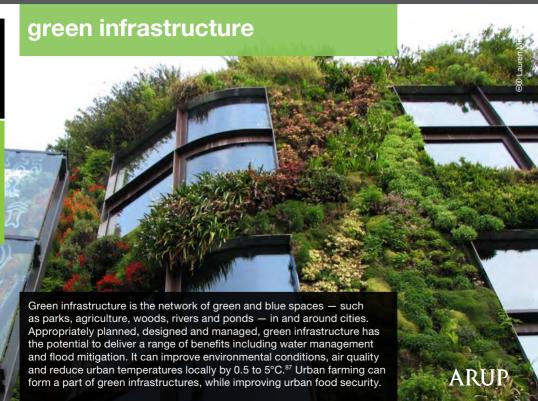
water management

Water crises are one of the top five global risks⁸³ and under business-asusual, a gap of 40% between the global water supply and demand by 2030 is predicted.⁸⁴ Urbanisation, population growth, ageing and insufficient infrastructure put pressure on urban water management. In addition, half of global cities over 100,000 people are in water-scarce areas.⁸⁵ As cities struggle to provide adequate services, approaches to better include water management in strategic decisions become necessary.

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ecosystem services

Ecosystem services are natural services such as water purification, groundwater recharge, biodiversity preservation, pollination and waste decomposition. While they are seemingly free, the annual estimated economic value is around US\$33 trillion.⁸⁸ According to the Millennium Ecosystem Assessment, 60% of evaluated ecosystems experience degradation or non-sustainable use.⁸⁹ In addition to urban ecosystems, cities rely on external services from areas 500-1000 times a city's size.⁹⁰



extreme weather



Climate change is seen as a catalyst for extreme heatwaves, earthquakes, flooding and other natural disasters. As 60% of urban dwellers already live in areas at high risk for natural hazards, 33 it is vital that governments consider how to improve the resilience of cities, infrastructure and public policies. Copenhagen's heavy flooding in 2011, for example, cost the city around £870M. 4 Low-tech solutions to locally absorb rainwater would be a similar investment, as well as a longer term strategy. 55



air quality



More than 1bn people are subjected to urban air pollution every year, which is estimated to cost about 2% of GDP in developed countries and about 5% of GDP in developing countries. Over 90% of air pollution in cities of developing countries is caused by vehicle emissions. 96 Additionally, about 50% of the global urban population experiences air pollution 2.5 times higher than WHO recommendations. 97

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urban sprawl The majority of the world's rapid population growth — which will see about 1M new people on earth each week until 2050 — will occur in cities. The resulting urban sprawl could cause a host of environmental problems including loss of wildlife habitat, deteriorating air and water quality, and increased potential for flooding as a result of impervious surfaces. In the US, urban sprawl is claiming over 2M acres of undeveloped land a year.¹⁰¹

recycling PAPER PAPER

Recycling costs are often picked up by municipal governments, whose funding for services is already stretched, and who tend to lose money on recycling programs. One solution is to shift to a model of "extended producer responsibility" (EPR) which transfers the costs of recycling from city governments to producers. In Belgium, where the overall packaging recycling rate is 78%, around 5,900 companies are part of a producer responsibility organisation. ¹⁰²

biodiversity loss Projections under a range of global warming scenarios indicate a loss of 18-35% of species under 2050 climatic conditions, mainly due to land-use and management changes. 103 In general, undeveloped land areas support a far larger number of species than urban areas, which are only inhabited by 8% of bird and 25% of plant species. Cities also retain geographically distinct biodiversities, which offers a promising starting point for the implementation of biodiversity protection measures.¹⁰⁴

heat stress

Large cities, due to their vast build-up areas, can disturb weather patterns, creating a microclimate called an urban heat island (UHI). UHIs can be 5-6°C warmer than the surrounding countryside, posing challenges to human health and city systems. During the 2003 European heatwave, in which over 20,000 people died,¹⁰⁵ London experienced night-time temperatures 9°C higher than surrounding areas.¹⁰⁶ Mitigations include vegetated roofs, trees and cool (lighter-coloured, porous) paving materials.



non-motorised transport Walking and cycling are great equalisers, reducing the cost of transport and increasing access to jobs and amenities. Shifting to non-motorised transport decreases urban pressure on public transport systems and reduces citizen's reliance on cars, while offering immediate environmental and health benefits.¹⁰⁸ While some cities in the developed world are moving towards becoming car-free (in Copenhagen, half of the city's population ARUP

cycles to work), motorisation in the developing world is increasing.

land use patterns As cities increase in density, they transform natural areas such as farmlands, wetlands and forests into built-up human settlements with significant consequences for climate change, as well as for the impacts of natural hazards. Good urban planning can mitigate these impacts. For example, Curitiba in Brazil has turned areas vulnerable to flooding into parks with trees, and has created artificial lakes to hold floodwaters to avert ARUP a potentially costly flooding problem. 109

sea-level rise

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From 1901 to 2010, mean sea levels rose by 0.19m, due to a thermal expansion of the warmer oceans and melting land ice. It is estimated that there will be a further increase of 0.75-1.60m until 2100 (compared to 1990 levels). Around 60% of metropolitan areas with populations over 5M are located within 100km of the coast. High densities of people are also found in delta regions, which are particularly vulnerable to flooding.¹¹⁰

retrofitting If cities are to achieve carbon emissions reduction targets, it is not enough to build new energy-efficient buildings; old buildings will need to be retrofitted as well, as most of current building stock, especially in developed cities, will still be around in 2050. This could ultimately result in cost savings. It is estimated that cutting the CO, emissions from UK commercial buildings by 35% could save £4.5bn a year by 2020.111

infrastructure usage

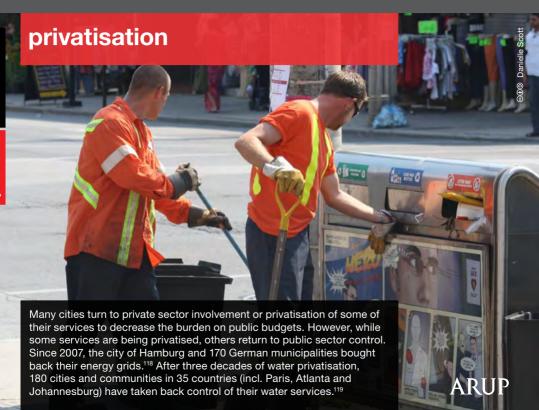
Reusing existing and unused infrastructure is seen as highly beneficial for urban areas, both economically and socially. Existing transport and underground infrastructure are prime examples for adaptive reuse, where cities create valuable public space without compromising further land areas. New York's Highline project, for example, has successfully transformed a piece of the city's unused infrastructure into a public park, creating vital green space for its citizens.¹¹²

global politics



As key centres of political and financial power, cities are playing an increasingly important role in international politics, cooperating with each other on matters including climate change and security. While international relations has traditionally involved a range of actors including states, cities are increasingly representing themselves and their interests at an international level.

competitiveness The competitiveness of cities increasingly determines the wealth and poverty of nations and regions. 116 Cities compete for skills, investment and talent. Successful cities attract highly-skilled workers, are centres of innovation and entrepreneurship and have a concentration of universities and research and production facilities where new products are developed and commercialised. Over 80% of filed patents originate in cities. 117



public-private partnerships Public-private partnerships (PPPs) are a mechanism for cities to fund infrastructure and government services such as transport, health and education, enabling urban areas to undertake improvements without raising taxes. While there are downsides to PPPs, including their shortterm nature, global PPP volume reached US\$97bn in 2013 (twice the 2009 ARUP level), most of which went to infrastructure finance. 120

collective consciousness

Social media and crowdsourcing are opening up new possibilities for public engagement and participation, changing how cities undertake projects, collect data and gauge public opinion. Social media opens up the planning process to a larger, more representative audience, while crowdsourcing can be used to leverage intellectual capacity and local knowledge to help solve city problems.

stakeholder engagement



Stakeholder engagement, including the involvement of local communities, private companies and NGO's, can be a powerful tool for cities to find solutions to complex issues. Giving stakeholders a say in decision-making, rather than simply informing them, gives the process more legitimacy and can lead to better solutions. Community involvement in urban planning processes helps tailor developments to the needs of communities, increases commitment and provides valuable location-specific insights.¹²¹



institutional capacity

New forms of institutions and leadership (such as community based organisations for water management) are needed to manage the complex, interdependent social, economic and environmental issues facing cities. Fast-growing developing cities in particular could benefit from establishing systems that involve a variety of urban actors and a strong community basis, as these cities often lack the appropriate institutional capacity to respond to growing demands for urban services and infrastructure.

transparency

Citizens are demanding greater accountability and transparency from their governments to fight corruption and improve services. Slovakia, for example, has an initiative that evaluates the 100 largest cities in the country across 111 indicators of transparency. This has led to cities releasing more and higher quality information. The UK government has been ranked as the most transparent in the world, followed by the US and Sweden.

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environmental policy

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Cities are a key contributor to climate change, responsible for 75% of global CO₂ emissions. ¹²⁷ Cities, therefore, need to be an integral part of fighting climate change, through environmentally sensitive practices and policies. Some cities have ambitious targets for reducing greenhouse gas emissions, water use and waste generation. Melbourne, Australia, for example, has set a municipal target of zero net emissions by 2020. ¹²⁸



subsidies



One of the most common forms of subsidy by urban authorities is the provision of public transport systems. In developed countries, these subsidies are often sizeable – in the 20 largest cities in the US, they make up around 70% of the operational cost of public transport. In the developing world, however, subsidies are usually non-existent or very small. Subsidies are often a matter of debate as to who benefits most and whether they reduce economic efficiency.

urban governance

Urban governance refers to the process through which democratically elected local governments and a range of urban stakeholders make decisions about how to plan, finance and manage the urban realm. There are an almost endless variety of governance institutions and models, but in many countries a challenge is that increasing city responsibilities, including in the regional context, have not been matched by an increase in fiscal autonomy.¹³²

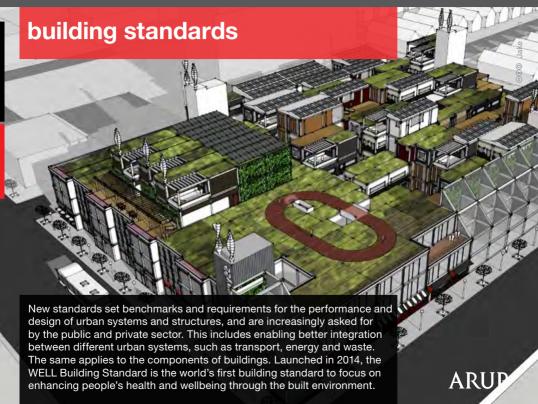


policing Declining public budgets and growing populations are placing strain on urban police forces. In India, the government has allocated US\$72M from 2013 to 2017 under the Mega City Policing (Safe City) Project, which aims to strengthen the police system by using the latest technologies to combat a number of threats, including terrorist attacks. 133 Six of India's largest cities have adopted aerial surveillance measures to support city policing. 134



Investing in Greater London's Future

Many cities, particularly those in centralised states like the UK, are calling for greater financial freedom to enable local politicians to maximise growth potential. Cities thus empowered can be more competitive and can be incentivised to grow faster. In London, for example, only 7% of tax paid by London residents and businesses is redistributed directly by locally elected bodies.¹⁹⁵



electoral cycle



the proportion of transformative actions broadly increases." 136

social

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